

## **The Ten Commandments of Goal Setting**

### **1. Thou Shall Be Decisive**

Success is a choice. You must decide what you want, why you want it, and how you plan to achieve it. No one else can, will, or should do that for you.

### **2. Thou Shall Stay Focused**

A close relative to being decisive, but your ability to sustain your focus from beginning to end determines the timing and condition of your outcomes.

### **3. Thou Shall Welcome Failure**

The fundamental question is not whether you should accept failure. You have no choice but to expect it as a temporary condition on the path way of progress. Rather, the question is how to anticipate failure and redirect resources to grow from the experience.

### **4. Thou Shall Write Down Thy Goals**

Your mind while blessed with permanent memory is cursed with lousy recall. People forget things. Avoid the temptation of being cute; Write down your goals.

### **5. Thou Shall Plan Thoroughly**

Planning saves 10 to 1 in execution. Proper planning prevents poor performance.

### **6. Thou Shall Involve Others**

Nobody goes through life alone. Establish your own "Personal Board of Directors", people whose wisdom, knowledge and character you respect to help you achieve your goals.

### **7 Thou Shall Take Purposeful Action**

Success is not a spectator sport - achievement demands action. You cannot expect to arrive at success without having made the trip.

### **8. Thou Shall Reward Thyself**

Rewards work! Think of what you will give yourself as a result of your hard work, focus and persistence - you deserve it!

### **9. Thou Shall Inspect What Thy Expect**

The Shelf life of all plans is limited. No plan holds up against opposition. Everything changes. Therefore inspect frequently and closely, it's an insurance policy on your success.

### **10. Thou Shall Maintain Personal Integrity**

Maintain your commitment to your commitment. Set your goals, promise yourself that you will achieve them. Eliminate wiggle room and excuses. That's personal integrity!