

WINNING THOUGHTS
FOR THE
ST.PATS TRACK TEAM

DARE TO BE THE GREAT !

A young man came to Socrates and said, "Mr. Socrates, I have traveled 1,500 miles to gain wisdom and learning. I want to learning, so I come to you."

Socrates said, "Come with me." He led the way down to the seashore. They waded in up to their waists, and then Socrates seized his companion and forced his head under. Finally, when most of his resistance was gone, Socrates laid him on the shore and returned home.

When the visitor had regained his strength, he returned to Socrates to ask the reason for this behavior. Socrates said to him. "When you were under the water, what was the one thing you wanted more than anything else?" "I wanted air," he replied. Then Socrates said, "When you want wisdom and learning as badly as you wanted air, you won't have to ask anyone to give it to you."

.....There are three things extremely hard: STEEL, A DIAMOND, AND TO BE MASTER OF ONESELF.

.....Good thoughts and actions can never produce bad results. Bad thoughts and actions can never produce good results. Maintain a positive attitude all things.

.....Endurance can only be developed by effort, patience and practice.

.....He who would accomplish little must sacrifice little.

He who would accomplish much must sacrifice much.

....Weak men wait for opportunities; strong men make them.

....Are you all you can be for God, parents, school, coach and yourself???

....There is very little difference between people, but that little difference makes a big difference.

The little difference attitude.

The big difference is whether it is POSITIVE or NEGATIVE!!!